

momentum

multiply



**Eat
Sleep
Move
Breathe
Connect**

Multiply **Engage 2024**



There's a REWARD for EVERY BODY!

Good health is your biggest asset

Get rewarded from day one for every step you take to look after your mental and physical health.



Know your health



Know what to do



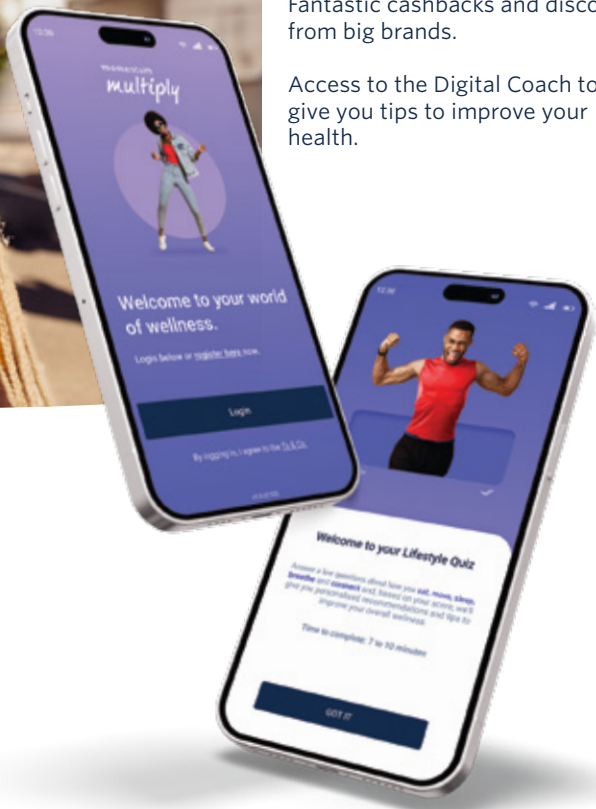
Get rewarded

What you get with Multiply Engage

A personalised journey that rewards you from day one for living healthy.

Fantastic cashbacks and discounts from big brands.

Access to the Digital Coach tool to give you tips to improve your health.



Wellness and rewards at your fingertips

It all happens on the Multiply app. **Download the latest version of the app** and register your profile to start earning from day one.



Know your health

Knowing how healthy you are is the first step

Lifestyle Quiz

Complete a quick quiz on the app and get personalised recommendations on how to maintain or improve your health from our Digital Coach tool.

Digital Coach Tool

Get daily personalised tips on how to maintain or improve your health from our Digital Coach tool.

Health assessment

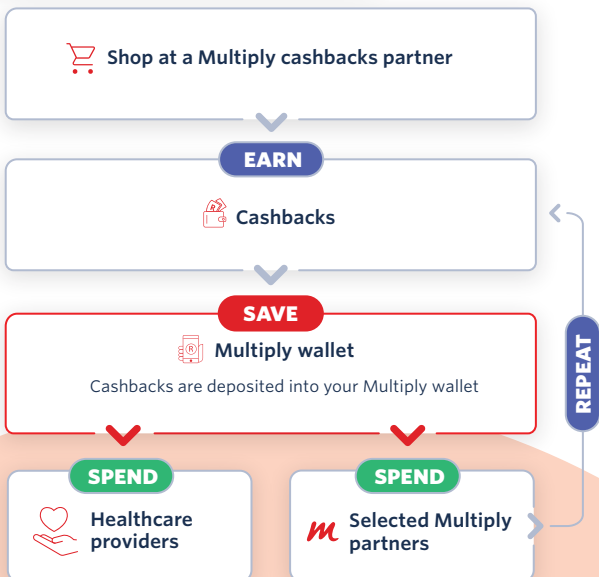
See how healthy your heart is and get a Healthy Heart Score.

Fitness assessment

Do a fitness assessment and know your fitness level.



Book your health and fitness assessment on the Multiply app.





The healthier you are, the more you score!

If you're a Multiply Engage Plus member, the result of your health and fitness assessment give you a partner rewards level.

Upgrade to Multiply Inspire Plus, reach rewards level 5 and save up to 60% when you shop at Multiply partners.

Know what to do

Look after your body
and mind



Log in
to the
Multiply
app



Link your
fitness app
or device



Active Dayz

Earn Active Dayz by taking
10 000 steps a day or
burning 300 calories during
a workout.



Scan your
finger



Recharge Dayz

Do a simple finger scan with
your smartphone's camera,
get a good score, and earn
Recharge Dayz.

Turn your small, everyday efforts into WINS!

Weekly Wins

Weekly Wins rewards you for consistent physical activity. Get Active Dayz, achieve your weekly activity goals and get a treat.

① Sync your fitness
app or device
every day

② Achieve your goal

③ Earn cashbacks

Voucher



Coffee

Voucher

Boosted weekly rewards

Got your activity locked down? Get Recharge Dayz, achieve your Recharge Goals and score another treat.

Available to Multiply Engage
Plus members.



Get rewarded

Partner rewards from day one

Multiply
Engage
Base level

Multiply
Engage Plus
Level 1 - 5

HEALTH & LIFESTYLE



2%

4%-12%



-

2%-10%

Checkers

3%

4%-12%

SHOPRITE

3%

4%-12%

Pick n Pay

-

2%-10%

WOOLWORTHS

3%

4%-12%

BOXER

5%

7%-15%

makro

3%

5%-15%

db DINNERBOX

10%

12%-20%

we are
FOOD
WAPVILLAGE FOOD FOR YOUR FREEZER

10%

12%-20%

PLATED
CONVENIENCE

10%

15%-25%

TAILORBLEND
CUSTOM NUTRITION MADE EASY

10%

15%-25%

hello coach

20%

20%

Multiply
Engage
Base level

Multiply
Engage Plus
Level 1 - 5

SPORTS & FITNESS

 GARMIN™

10%

20%-40%

 planetfitness

10%

20%-50%

 Virgin
active

10%

20%-40%

 SPORTSA
www.sportsa.co.za

10%

15%-25%

 soSerene

20%

30%-50%

 SWEAT
GEAR

15%

15%-35%

TRAVEL & ENTERTAINMENT

 NuMetro

30%

40%-60%

 Booking.com

10%

12%-20%

 FlySafair®

5%

5%-30%

 lift

5%

5%-25%

 AVIS

7,5%

10%-40%

 AIRLINK

5%

5%-25%

 QATAR
AIRWAYS القطرية

5%

5%-30%

 Emirates

10%

10%-40%

Start earning today!

Download the Multiply app to get started

Multiply Engage

Multiply Engage Plus

KNOW YOUR HEALTH

Lifestyle Quiz



Multiply Digital Coach tool



Health assessment



Fitness assessment



IMPROVE YOUR HEALTH

Active Dayz



Recharge Dayz



Weekly Wins and boosted weekly rewards



GET REWARDED

(Base level)

(Reward level 1-5)

Partner discounts and cashbacks



Multiply wallet



GET IT ON
Google Play

Download on the
App Store

EXPLORE IT ON
AppGallery

Multiply Engage Plus fees



Main member

R175



Partner/
spouse

R80



Adult
dependant
(18 years
and older)

R35



Child
dependant
(7-17)

R20



Child
dependant
(Under7)

Free

